

## LARGE VOLUME PARACENTESIS IN CIRRHOSIS: SAFETY TOOLKIT

Large volume paracentesis is a common invasive procedure in patients with liver disease. The following 8 point safety checklist provides a simple guide to ensure minimum standards of care are met. This may be amended or modified in accordance with local practice guidelines.

<b>Patient Name:</b>	<b>Drain inserted by:</b>	<b>Pre-drain weight:</b>	<b>kg</b>	<b>Total ascites drained:</b>	<b>l</b>
<b>DOB:</b>	<b>Name</b>	<b>Time drain inserted:</b>		<b>Total HAS given:</b>	<b>ml</b>
<b>ID/NHS number:</b>	<b>Designation</b>	<b>Time drain removed:</b>		<b>Post-drain weight:</b>	<b>kg</b>
<b>Ward:</b>	<b>Date</b>				
<b>PRE-PROCEDURE</b>				<b>TICK &amp; SIGN</b>	
<b>1. CONFIRM PRESENCE OF ASCITES VIA CLINICAL EXAMINATION</b> <i>If unsure DO NOT proceed, ask for a senior review</i>				<input type="checkbox"/> Yes	
<b>2. CHECK PATIENT ID &amp; CONSENT</b> <i>Written consent is recommended; refer to local protocols</i> <i>Complications &lt;1/1000: Bleeding, bowel perforation, pain, infection</i>				<input type="checkbox"/> Yes	
<b>3. ENSURE PATIENT &amp; NURSING STAFF PREPPED FOR THE PROCEDURE</b> - IV Access in situ - Baseline observations (BP, pulse, respiratory rate, temperature and pre-drain weight) - Human Albumin Solution (HAS) ordered, prescribed AND AVAILABLE on the ward <i>(100ml 20% HAS to be given per 2.5L ascites drained or as per local protocol)</i>				<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	
<b>4. CHECK PLATELET COUNT &amp; CLOTTING</b> <i>If platelets &lt;50 (or &lt;70 and renal impairment) or INR &gt;2 consider correction as per local guideline or in discussion with haematology</i>				Platelets = .....X10 <sup>9</sup>  INR = .....	
<b>DRAIN INSERTION PROCEDURE BY A TRAINED OPERATOR</b> <i>If TWO failed attempts stop, discuss with SENIOR &amp; consider U/S guided drain insertion</i> <i>You must fully document all attempts in the patient notes (whether successful or not)</i>					
<b>POST-PROCEDURE</b>					
<b>5. APPLY DRESSING &amp; LEAVE ON FREE DRAINAGE</b> <i>Avoid clamping ascitic drains, keep ascitic drain below level of patient to promote drainage</i> <i>Apply dressing to ensure drain doesn't fall out</i>				<input type="checkbox"/> Yes	
<b>6. TAKE &amp; SEND SPECIMENS</b> <i>PHONE on call micro technician for urgent cell count (within 6 hours of sample taken)</i> <i>If patient's first ever drain procedure confirm with SENIOR if other samples are required</i>				<input type="checkbox"/> White Cell count <input type="checkbox"/> MC&S (BC bottles) <input type="checkbox"/>	
<b>7. DOCUMENT IN PATIENT'S NOTES &amp; CONFIRM PLAN VERBALLY WITH NURSING STAFF</b> - Describe the colour of initial ascitic fluid draining & what samples have been sent - Document the plan for HAS replacement (100ml 20% HAS per 2.5l ascites drained) - Document what time the drain should be removed by (maximum of 6 hours later) - Suspend diuretic therapy for 24-48 hours				<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	
<b>8. POST-PROCEDURE OBSERVATIONS</b> - Monitor colour of ascitic fluid (watch for blood in the drain bag) - Monitor drain output (empty drain bags regularly & give HAS as prescribed) - Monitor BP/pulse/respirations /urine output (observe for signs of shock) - Monitor drain site for pain/haematoma				<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	

NOTE: Large volume paracentesis is rarely a clinical emergency and where possible it is good clinical practice to perform this procedure during daytime working hours (8am-5pm)