

The 22<sup>nd</sup> Annual International Congress

# Frontiers in Colorectal and Intestinal Disease

Tackling uncertainty in colorectal disease

20-22 November 2024

Please join us in person at this live event, or as part of our large international audience online! This year we will be at the magnificent Glaziers Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks  
Visiting Professor

Basil Morson  
State of the Art Lecture

Sir Francis Avery Jones  
Visiting Professor

John Lennard-Jones  
Visiting Professor

**Antonino Spinelli**  
Division Director of Colon  
& Rectal Surgery & Professor  
of Surgery, Humanitas  
University, Milan

**Christianne Buskens**  
Specialised IBD colorectal  
surgeon, Cancer Center  
Amsterdam UMC

**Millie Long**  
Director of the Division of  
Gastroenterology and  
Hepatology, University  
of North Carolina

**Matt Rutter**  
Professor of  
Gastroenterology, University  
Hospital of North Tees



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# Dean's Welcome

## Welcome to our 22<sup>nd</sup> Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London to our 22<sup>nd</sup> Annual Frontiers in Colorectal and Intestinal Disease. This year the focus is tackling uncertainty in colorectal disease. We look forward to welcoming a face-to-face audience to the magnificent Glaziers Hall, 9 Montague Place, London Bridge, London, SE1 9DD.

In addition, we are delighted to welcome our online audience from around the world. We will be making full use of high quality audio visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multidisciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts.

We will also present cutting edge research, and are honoured to have **Millie Long (USA)** as our Sir Francis Avery Jones Visiting Professor, **Antonino Spinelli (Italy)** as our Sir Alan Parks Visiting Professor, **Matt Rutter (UK)** as our John Lennard-Jones Visiting Professor, and **Christianne Buskens (Netherlands)** is the presenting the Basil Morson State of the Art Lecture.

We will combine medical, endoscopic, radiological, oncological, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is loudly heard.

The Congress is organised into a number of plenary sessions:

On Wednesday, we have sessions entitled The Crohn's Disease Paradigm: Shifting Sands; The Thickened Ileum: More Than Meets the Eye; Overcoming the Taboo of

Perineal Injuries; and Rectal Challenges.

On Thursday, we have two seminar rooms, The Frederick Salmon Room features To Reconstruct or Not: Rectal Cancer and IBD; Acute Anastomotic Leaks: Avoidance and Coping Strategies; Endoscopy: is the intervention the right one?; and Endoscopy: advanced polyp management. The Cuthbert Dukes Room presents The In-Betweeners: Bridging the Adolescent Gap; Managing IBD in the Golden Years; and Complex Cancer: How to Achieve the Goldilocks Operation.

On Friday, the Salmon Room sessions are 100 year of polyposis, and new challenges; The Unmet Needs in Early Onset Colorectal Cancer; and The Problematic Pouch. The Dukes Room sessions are Turning the Tide on Refractory IBD; Uncertainties in Intestinal Rehabilitation; and Small Bowel, Big Dilemmas.

We conclude our symposium with a session with all the leading lights coming together for what should be an enlightening and entertaining discussion, 'Leadership in Healthcare at a Time of Uncertainty - Patient-Centered Change During Uncertain Times'.

We would like to take this opportunity to express our gratitude to all supporters for their assistance and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 22<sup>nd</sup> Meeting of the Frontiers Congress.

**Professor Naila Arebi, Dean  
St Mark's Academic Institute**



The Frederick Salmon Room

08:00 Registration 09:00 Welcome from the Dean **Naila Arebi**

**Crohn's disease paradigm:  
shifting sands**



Chairs: **Naila Arebi, Omar Faiz**

**09:15**

Old tools, new tricks – the role of intestinal ultrasound in IBD

**Stuart Taylor**

**09:30**

First line therapy is surgery; first line therapy is drugs **Guy Worley, Nikolaos Kamperidis**

**09:45**

Surgical innovations – are we making progress?

**Steven Brown**

**10:00**

What happens after surgery? Preventing post-operative recurrence

**Krisztina Gecse**

**10:15**

Panel discussion

Chairs: **Naila Arebi, Omar Faiz**. Panel: **Stuart Taylor, Nikolaos Kamperidis, Guy Worley, Steve Brown, Krisztina Gecse**

**10:40** Break

**The thickened ileum:  
more than meets the eye**



Chairs: **Kapil Sahnan, Lisa Younge**

**11:00**

Case vignette of presentation with terminal ileum inflammation/inflammatory mass

**Ravi Misra**

**11:15**

How to deal with diagnostic uncertainty

**Arun Gupta, Lajja Panchal**

**11:30**

Setting the scene for surgery: how to stage it

**Omar Faiz**

**11:45**

Mild Crohn's disease – watch or treat?

**Joana Torres**

**12:00** Panel discussion

Chairs: **Kapil Sahnan, Lisa Younge**. Panel: **Ravi Misra, Arun Gupta, Lajja Panchal, Joana Torres, Omar Faiz**

**12:30 SIR FRANCIS AVERY JONES**  
**Visiting Professor Lecture**



Chair: **Naila Arebi**

Management of ulcerative colitis:  
the road ahead

**Millie Long**

**13:00** Lunch



### The Frederick Salmon Room

13:45 Lunchtime symposium: Janssen

## Overcoming the taboo of perineal injuries



Chairs: Gregory Thomas, Tatenda Marunda

14:30

The management of anal and perineal trauma: the view from a major trauma centre

Kate Hancorn

14:45

OASIS: Their impact and their management

Carolynne Vaizey

15:15

The St Mark's approach to recto-vaginal fistulae

Phil Tozer

15:30 Panel discussion

Chairs: Gregory Thomas, Tatenda Marunda

Panel: Kate Hancorn, Carolynne Vaizey, Phil Tozer

16:00 Break

## Challenges in rectal function



Chairs: Carolynne Vaizey, Michele Marshall

16:20

The challenges of pelvic mesh complications

Sohier (Suzy) Elneil

16:30

How to approach the recurrent rectal prolapse

Gregory Thomas

16:40

Low anterior resection syndrome - how to tailor treatment to your patient

Julie Cornish

16:50

Management strategies for obstructed defaecation

Arun Gupta, Gregory Thomas

17:05 Panel discussion

Chairs: Carolynne Vaizey, Michele Marshall.

Panel: Sohier (Suzy) Elneil, Arun Gupta, Gregory Thomas, Julie Cornish

17:35

## John Nicholls Prize

Chair: Naila Arebi

Panel: John Nicholls



17:50 Close



## The Frederick Salmon Room

09:00

Welcome from the Sub-Dean **Elaine Burns**

### To reconstruct or not: rectal cancer and IBD



Chairs: **Kapil Sahnna, Anthony Antoniou**

09:05

Restoration of continuity versus function in  
rectal cancer

**Eva Angenete**

09:20

Turnbull-Cutait: is this just a perineal colostomy  
by another name?

**Ian Jenkins**

09:35

The pouch is dead, long live the rectum

**Christianne Buskens**

09:50

The Kock pouch

**Omar Faiz**

10:05 Panel discussion

Chairs: **Kapil Sahnna, Anthony Antoniou**. Panel:  
**Eva Angenete, Ian Jenkins, Christianne Buskens,**  
**Omar Faiz**

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10:30 Break

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## The Cuthbert Dukes Room

09:00

Welcome from the Dean **Naila Arebi**

### The in-betweeners: bridging the adolescent gap



Chairs: **Warren Hyer, Ailsa Hart**

09:05

My patient journey from symptoms to  
treatment

**Patient Interview, Naila Arebi**

09:20

Specialist nurses in transition care: where the  
twin shall meet

**Kay Crook, Jitka Adio**

09:35

Dietary therapy in Crohn's disease: a taste of  
things to come

**Konstantinos Gerasimidis**

09:50

Early-onset IBD: implications for later care

**Jochen Kammermeier**

10:05 Panel discussion

Chairs: **Warren Hyer, Ailsa Hart**. Panel: **Naila Arebi,**  
**Kay Crook, Jitka Adio, Konstantinos Gerasimidis,**  
**Jochen Kammermeier**

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10:30 Break

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## The Frederick Salmon Room

### Acute anastomotic leaks: avoidance and coping strategies



Chairs: Elaine Burns, Thomas Glover

**10:50** My experience of an anastomotic leak  
Patient interview

**11:05** Designing out anastomotic leaks  
Antonino Spinelli

**11:20** Can we prevent the acute becoming  
chronic? Roel Hompes

**11:35** The role of endoscopy in anastomotic  
leaks Siwan Thomas-Gibson

**11:50** The management of chronic leaks  
Ian Jenkins

**12:05** Panel discussion

Chairs: Elaine Burns, Thomas Glover. Panel:  
Antonino Spinelli, Roel Hompes, Siwan Thomas-  
Gibson, Ian Jenkins

**12:30 SIR ALAN PARKS**  
Visiting Professor Lecture



Chair: Elaine Burns  
Training in the high tech era:  
the challenges & opportunities  
Antonino Spinelli

**13:00** Lunch

**13:45** Lunchtime symposium: Lilly

## The Cuthbert Dukes Room

### Managing IBD in the golden years



Chairs: James Alexander, Tracey Tyrrell

**10:50**  
Patient perspective of living with uncertainty in  
later life  
Patient interview

**11:05**  
Treatment goals in older people: taking it in  
STRIDE

Hannah Gordon

**11:20**  
You've hit the target, should you de-escalate?  
Millie Long

**11:35**  
Mitigating treatment-related complications:  
infections and cancer  
Nick Powell

**11:50**  
Surgery: more than a fighting chance to  
success  
Thomas Pinkney

**12:05** Panel discussion  
Chairs: James Alexander, Tracey Tyrrell. Panel:  
Hannah Gordon, Millie Long, Nick Powell, Thomas  
Pinkney

**12:30** Lunch



### The Frederick Salmon Room

**14:30 BASIL MORSON**  
State of the Art Lecture



**Chair: Naila Arebi**  
What should surgical outcomes look like in IBD?  
**Christianne Buskens**

### Complex cancer: how to achieve the Goldilocks operation?



**Chairs: Nicola Hodges, Caroline Gee**

**15:00**  
How big is too big?  
**Per Nilsson**

**15:15**  
Mitigating and managing the consequences of exenteration surgery  
**Eva Angenete**

**15:30**  
The next frontier in exenteration surgery  
**Ian Jenkins**

**15:45**  
Panel discussion  
**Chairs: Nicola Hodges, Caroline Gee.**  
**Panel: Eva Angenete, Ian Jenkins, Per Nilsson, Michele Marshall, Adriana Martinez**

**16:15** Break

### The Cuthbert Dukes Room

**14:30 BASIL MORSON**  
State of the Art Lecture



**Chair: Naila Arebi**  
What should surgical outcomes look like in IBD?  
**Christianne Buskens**

[VIDEO LINK](#)

### Endoscopy: is the intervention the right one?



**Chairs: Adam Haycock, Maggie Vance**

**15:00** Is the patient fit enough for endoscopy and endoscopic therapy? The value of frailty assessment  
**Michael Fertleman**

**15:15** Polyps in older people - to remove or not to remove?  
**Matt Rutter**

**15:30** Surveillance in IBD dysplasia: changing paradigms  
**Brian Saunders, Ana Wilson**

**15:45** Dissect and discard diminutive polyps: the demise of histology?  
**Ahmir Ahmad**

**16:00** Panel discussion and cases  
**Presenter: Adam Humphries. Chairs: Adam Haycock, Maggie Vance. Panel: Brian Saunders, Matt Rutter, Ana Wilson, Michael Fertleman**

**16:30** Break





## The Frederick Salmon Room

### Endoscopy: Advanced polyp management: which intervention?



Chairs: Brian Saunders, Siwan Thomas-Gibson

**16:50**

Endoscopically resectable or non-resectable?  
An eye for details

Amyn Haji

**17:05**

A deep dive into the dissection plane

Noriko Suzuki

**17:20**

Cancer in a resected polyp: continued  
surveillance or one-off surgery

Leon Moons

**17:35** Panel discussion and video presentation

Case presenter: Jon Landy. Chairs: Brian  
Saunders, Siwan Thomas-Gibson. Panel: Amyn  
Haji, Leon Moons, Brian Saunders, Noriko Suzuki

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**18:00** Close

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## The Cuthbert Dukes Room

### Robotic surgery symposium



Chairs: Per Nilsson, Elaine Burns

**16.45 Debate**

Robotic rectal cancer surgery: real or unreal?

Danilo Miskovic & Tim Rockall

**17.20**

Robotic videos session

Chairs: Elaine Burns, Samantha Evans

Panel: Danilo Miskovic, Tim Rockall

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**18:00** Close

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## The Frederick Salmon Room

09:00

Welcome from the Sub-Dean **Kevin Monahan**

### 100 years of polyposis and new challenges



Chairs: **Omar Faiz, Ashish Sinha**

09:05

Desmoids: who to treat, when and with what?

**Susan Clark**

09:20

Large bowel in FAP - from prevention to intervention

**Andrew Latchford**

09:35

What counts with multiple colorectal adenomas extends beyond the count

**Vicky Cuthill**

09:50

Case-based discussion

Chairs: **Ashish Sinha, Katy Newton**. Panel: **Omar Faiz, Ashish Sinha, Andrew Latchford, Susan Clark, Vicky Cuthill**

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10:15 Break

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## The Cuthbert Dukes Room

09:00

Welcome from the Dean **Naila Arebi**

### Turning the tide on refractory IBD



Chairs: **Lisa Younge, Naila Arebi**

09:05

ASUC: treating beyond the limits

**Kamal Patel**

09:20

An urgent look at urgency and what it means to live with it

**Aline Charabaty**

09:35

The science behind the treatment

**Gareth-Rhys Jones**

09:50

Cutting edge surgery - it's all in the timing?

**Kapil Sahnan**

10:05 Discussion

Chairs: **Lisa Younge, Naila Arebi**. Panel: **Kamal Patel, Aline Charabaty, Gareth-Rhys Jones, Kapil Sahnan**

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10:30 Break

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## The Frederick Salmon Room

### The unmet needs in early onset colorectal cancer



Chairs: Ashish Sinha, Elaine Burns

**10:35**

The landscape in the UK

Kevin Monahan

**10:50**

Personalising oncological management

David Church

**11:05**

Balancing sexual health, fertility and long-term consequences

Gabrielle van Ramhorst

**11:20** Panel discussion

Chairs: Ashish Sinha, Elaine Burns. Panel: Kevin Monahan, David Church, Gabrielle van Ramhorst

**11:40 JOHN LENNARD-JONES**  
Visiting Professor Lecture



Chair: Kevin Monahan

The future of endoscopy, where we are going and how to get there?

Matt Rutter

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**12:10** Lunch

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**12:55** Lunchtime symposium: Pfizer

## The Cuthbert Dukes Room

### Uncertainties in intestinal rehabilitation



Chairs: Mia Small, Mani Naghibi

**10:50**

When is it worth delaying surgery to optimise a patient?

Akash Mehta

**11:05**

When to feed a patient with an intestinal fistula

Suzanne Donnelly

**11:20**

Is it possible to achieve a short bowel regime on a general ward?

Akash Mehta, Simon Gabe

**11:35**

How is it best to feed distally in a patient with bowel out of continuity and is it worth it?

Simon Gabe

**11:50** Panel discussion

Chairs: Mia Small, Mani Naghibi. Panel: Akash Mehta, Suzanne Donnelly, Simon Gabe

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**12:15** Lunch

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**13:00** Lunchtime symposium



## The Frederick Salmon Room

### The problematic pouch



Chairs: Naila Arebi, Omar Faiz

**13:40**

Living with a failing pouch: a patient experience

Patient interview, Siwan Thomas-Gibson

**13:55**

Endoscopic assessment of the pouch

Manmeet Matharoo

**14:10**

Chronic pouchitis: interventions to avoid failure

Millie Long

**14:25**

Pouch MDT: overcoming uncertainty with case-based discussions

MDT discussion with Kapil Sahnan

**14:50**

Panel discussion

Chairs: Naila Arebi, Omar Faiz.

Panel: Siwan Thomas-Gibson, Ellie Bradshaw, Millie Long, Katie Devlin

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**15:15** Break

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## The Cuthbert Dukes Room

### Small bowel, big dilemmas



Chairs: Simon Gabe, Richard Holman

**13:45**

Coeliac disease: separating the wheat from the chaff

Suzanne Donnelly

**14:00**

SIBO: is it all hot air?

Gehanjali Amarasinghe

**14:15**

A Sticky bowel: patient life-long experience of adhesions

Meha Bhuva

**14:30**

Prevention and management of adhesions

Akash Mehta

**14:45**

Panel discussion

Chairs: Simon Gabe, Richard Holman.

Panel: Suzanne Donnelly, Gehanjali Amarasinghe, Meha Bhuva, Akash Mehta

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**15:15** Break

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## The Frederick Salmon Room

### Leadership in healthcare at a time of uncertainty

*We will explore critical skills from leaders on a national and regional level and how clinicians balance clinical with leadership roles within an evolving health landscape.*

*We will share experiences of how leaders have innovated in pharmacy recruitment and digital storage before wrapping up with insights into mentoring and professional development to create the leaders of tomorrow.*

**Chair: Ayesha Akbar**

**15:30**

Introduction to the session

**Naila Arebi**

**15:32**

Leadership to influence change: Different conversations in different settings

**Robert Logan** (National Specialty Adviser for Endoscopy and Screening for NHS England)

**15:40**

How I got there and how I balance my leadership and clinical roles

**Tim Orchard** (Consultant Gastroenterologist, Chief Executive Imperial College Healthcare NHS Trust)

**15:50** Panel discussion

Expansion of specialist pharmacy in healthcare

**Uchu Meade**

Leadership in digital innovation

**Morgan Moorghen**

Professional development & mentoring leadership tips

**Ayesha Akbar**

**Chair: Ayesha Akbar. Panel: Naila Arebi, Robert Logan, Tim Orchard, Uchu Meade, Morgan Moorghen**

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16:10 Close

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## The Cuthbert Dukes Room

### Leadership in healthcare at a time of uncertainty [VIDEO LINK](#)

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Professional development & mentoring leadership tips

**Ayesha Akbar**

**Chair: Ayesha Akbar. Panel: Naila Arebi, Robert Logan, Tim Orchard, Uchu Meade, Morgan Moorghen**

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16:10 Close

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