

IBD Fellowship

Royal London Hospital, Barts Health NHS Trust

Whitechapel, London, E1 1FR

Contact: Dr Gareth Parkes – gareth.parkes@nhs.net

Funding

This post is out of program experience funded through revenue from our commercial clinical trials program and with employment through Queen Mary University Hospital (QMUL) with an honorary clinical contract at Barts Health NHS Trust. The post holder will be paid a full-time salary matched to the BMA approved rates for specialist trainees with an option to increase this by joining an out of hours GI bleed rota. As such, (unless the candidate wished otherwise) there are no GIM or General Gastro commitments and 100% of the fellows' time is dedicated to IBD Care, clinical trial recruitment and IBD research projects.

About the Department

We are a large tertiary referral centre for patients with inflammatory bowel disease. There are 6 full-time consultants named below, we have a team of five adult clinical nurse specialists in IBD, 2 paediatric / adolescent IBD clinical nurse specialists, paediatric and adult dieticians, access to liaison psychiatry, 2 IBD specialist pharmacists, a dedicated IBD surgical team, intestinal failure team and specialist GI radiology. We estimate we have between 5,000-6,000 patients across young adult and adult services with approximately 5 to 20 in-patients at any one time. The department has broad research interests in both basic sciences and clinical research with a dedicated Clinical Trials Unit in the Wingate Institute part of QMUL. We have a track record of supporting SPR's in both clinical training and in research with numerous trainees completing MD's and PhD's in IBD based research.

Consultant Team

Dr Bel Kok	Clinical Lead, Obstetric Medicine, iUS, Clinical research
Dr Louise Langmead	Management and Deputy Medical Director Mile End Hosp.
Prof James Lindsay	IBD Lead & Basic Science Academic program
Dr Sham Mehta	Nutrition, Surgical Optimisation and Clinical Research
Dr Gareth Parkes	Digital Health, Clinical Research – Supervisor of post holder
Dr Rohit Rao	Lower GI interventional endoscopy + IBD
Ms Kate Hancorn	IBD Surgical Lead

Duties of the post

MDT

Tuesday – weekly unless stated otherwise

08:30 – 09:30 IBD Inpatient including maintenance of IP database

11:30 – 12:30 Radiology & Pathology MDT

12:30 – 13:00 Virtual Biologic MDT

13:00 – 13:30 (Monthly) Surgical Optimisation MDT

13:00 – 13:30 (Monthly) Joint rheumatology MDT

Friday

13:00 – 13:45 – Academic Meeting with Paediatricians

Clinics

Wednesday Young Adult (14-24) Clinic (EOW) – Joint with paediatricians, dietician and Paed CNS

Thursday Adult IBD Clinic (weekly) – full MDT clinic with surgeon, pharmacist, dietician & research nurse team present

Wednesday Joint Pregnancy Clinic (monthly) - a joint clinic with the obstetricians, RBD consultant with a specialist interest in obstetric medicine and CNS

Endoscopy

Weekly IBD training list with exposure to dye spray, dilatations, clinical trial recordings

Service list – if the candidate would like to join the GI bleed rota then there is an ask to perform 7 Saturday service lists per year. If the candidate wishes there is capacity join other training and or service lists including EMR / ESD.

In-Patient

We run a joint specialist in-patient firm for patients with IBD (both medical and surgical) + type 2 & 3 intestinal failure. This is supported by a broad range of specialist allied health care professionals including CNS, pharmacy + dieticians. The post-holder would not normally perform the weekly ward rounds (which is done by the rotating clinical posts) but would attend weekly dedicated in-patient MDT's, will liaise with the clinical team regarding admissions and see patients on the weekend as part of the OOH GI Bleed rota.

Clinical Trials

Join a large team dedicated to clinical research in the Wingate Clinical Trials Unit, this includes a unit manager, 5 additional research nurse and a clinical trial assistant. Good Clinical Practice qualification is mandatory prior to starting post.

The fellow will become sub-investigator to a broad portfolio of commercial and non-commercial clinical trials.

Further personal research is encouraged as well as collaborative work with other centres.

Option to pump-prime MD or PhD – two of our previous fellows have achieved this and two other fellows went on to successfully apply for fellowships in other centres.

iUS

We are currently expanding our iUS capacity and training within the department with one IBD consultant and our current fellow undertaking training with support of two dedicated IBD radiologists.

We have a new US machine in the dept and available for use in clinic.

Supervision

Weekly contact with the IBD team and dedicated supervision time.